# NCLR

ONAL CENTER FOR LESBIAN RIGHTS

### LGBT YOUTH IN CALIFORNIA FOSTER CARE

Legal and Professional Standards



# NCLR

AB 458

- The right to fair and equal access to services, placement, care, treatment and benefits
- The right to NOT to be subjected to discrimination or harassment on the basis of actual or perceived SO/GI





# NCLR Safety • Decrease risk factors and increase protective factors – Home - School - Community

# NCLR

### Home (Family Acceptance Project 2009)

### Behaviors that Help

- Talk with your child about their SO/GI
- Advocate for your child when he or she is mistreated
- Express affection when you learn your child is LGBT
- Require that family
   members respect your child

### Behaviors to Avoid

- Pressuring your child to be more of less feminine or masculine
  Telling your child that God will punish them
- Blaming your child when they are mistreated
- Making your child keep their LGBT identity a secret

## NCLR

### **Risk Factors**

- School-based
  - School failure

  - Depression - Low self esteem
  - Lack of positive peer connections

# School

- **Protective Factors**
- Safe and affirming schools increase wellbeing
  - School engagement
    Academic success

  - Positive peer relations - Hope for the future

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## Permanency

- Increase family acceptance
- Decrease reliance on group care
- Work with youth to identify permanent connections
- Increase and diversify LGBT affirming placements
- Train and support caregivers



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## Well-Being

- Understand the health and mental health effects of stigma
- Ensure access to affirming, competent providers
- Intervene to address harassment or discrimination
- Provide healthy social and recreational outlets



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