

Other community resources may help you find other local resources.

Call 211 or visit www.211.org/

A Mission to Save Lives

The Giffords Law Center to Prevent Gun Violence has been fighting to make America safer for 25 years. We began in 1993 after a mass shooting in San Francisco.

We research, write, and defend laws, policies, and programs that save lives from gun violence. In 2016 we joined former Congresswoman Gabrielle Giffords to form a courageous, nationwide gun safety force.

**GIFFORDS
LAW CENTER**
TO PREVENT GUN VIOLENCE

Ask the court for a restraining order to keep someone from hurting others.

Restraining orders can protect you from:

Gun Violence

Domestic Violence

Elder Abuse

Civil Harassment

Workplace Violence

School Violence



Talk to a lawyer, self-help center, or advocacy service, like a domestic violence agency. Find information or help for your situation at:

www.courts.ca.gov/selfhelp-abuse.htm

CALIFORNIA
RESOURCE GUIDE

**HOW TO GET HELP
WHEN SOMEONE
MAY HURT
THEMSELVES
OR OTHERS**

Are you worried someone might hurt themselves or others? Do they have a gun?

These resources can help you know what to do and point you towards other resources that can help you.

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