

Preparing for the
Release of the DSM V



Aaaaaaaaaaaaaaaaa!!!



Relax, it's just the DSM.

DSM History

- DSM I
 - 1952, theory-driven
- DSM II
 - 1968, slight move from psychoanalytic theory
- DSM III
 - 1980, major shift toward empiricism
- DSM IV
 - 1994, comprehensive literature review, emphasis on empiricism continues

New and Revised Disorders

Neurodevelopmental Disorders

- Intellectual Disability (Intellectual Developmental Disorder) v Mental Retardation
- Communication Disorders (Language, speech, fluency, and/or social disorder)
- Autism Spectrum Disorder (encompasses autism, Asperger's, childhood disintegrative, and pervasive developmental disorder NOS)--SYMPTOMS IN TWO KEY AREAS: Social communication/ interaction and Repetitive behaviors.
- Attention-Deficit/Hyperactivity Disorder (two symptom domains; onset by age 12; adults-lower threshold
 - Specific Learning Disorders
 - Motor Disorders

Schizophrenia Spectrum and Other Psychotic Disorders

- Schizophrenia (delusions, hallucinations, disorganized speech, grossly abnormal psychomotor behavior, negative symptoms) ELIMINATION OF ALL SUBTYPES
- Schizoaffective Disorder (Major mood episode present majority of duration).
- Delusional Disorder (No longer requires delusions be "non-bizarre")
- Catatonia (A specifier that can be added to psychotic, bipolar, depressive or other medical disorder or condition)

Bipolar and Related Disorders

- Bipolar and Related Disorders (Emphasis changes in activity and energy as well as mood; removal of "mixed episode" and added "with mixed features")
- Other Specified Bipolar and Related Disorders
- Anxious Distress Specifier

Depressive Disorders

- Disruptive Mood Dysregulation Disorder (DMDD): temper outbursts; overreacting to common stressors; outbursts 3+ times/wk. over 1 year; not symptom free for more than 3 months at a time; children age 6-18)
- Major Depressive Disorder: Removal of BEREAVEMENT criteria; Addition of "w/mixed features and "w/anxious distress" specifiers
- Persistent Depressive Disorder (Dysthymia)
- Premenstrual Dysphoric Disorder

Anxiety Disorders

- Generalized Anxiety Disorder
- Specific Phobia
- Panic Disorder
- Agoraphobia
- Social Anxiety Disorder (Social Phobia)
- Separation Anxiety Disorder
- Selective Mutism

Obsessive Compulsive and Related Disorders

- Obsessive Compulsive Disorder
- Body Dysmorphic Disorder
- Hoarding Disorder
- Trichotillomania (Hair-Pulling Disorder)
- Excoriation (Skin-Picking) Disorder

Trauma & Stress-Related Disorders

- Reactive Attachment Disorder
- Adjustment Disorders
- Acute Stress Disorder
- PTSD

Name Changes

~~Dementia~~

Neurocognitive Disorder

~~Hypochondriasis~~
Illness Anxiety Disorder

~~Gender Identity Disorder~~
Gender Dysphoria

~~Depersonalization Disorder~~
Depersonalization – Derealization
Disorder

Male ~~Orgasmic~~ Disorder
Delayed Ejaculation

Brand New
Categories

NEW
Binge Eating Disorder

NEW

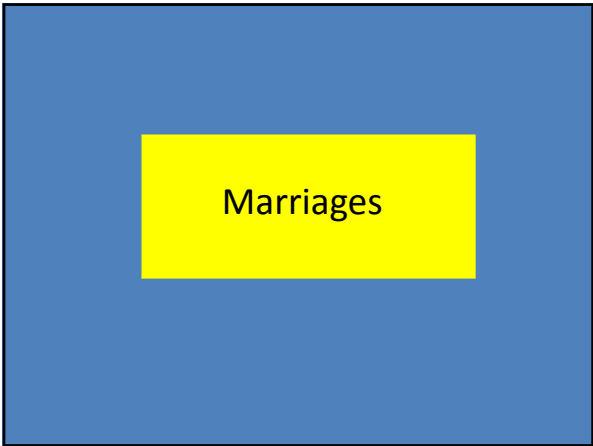
Mild Neurocognitive
Disorder

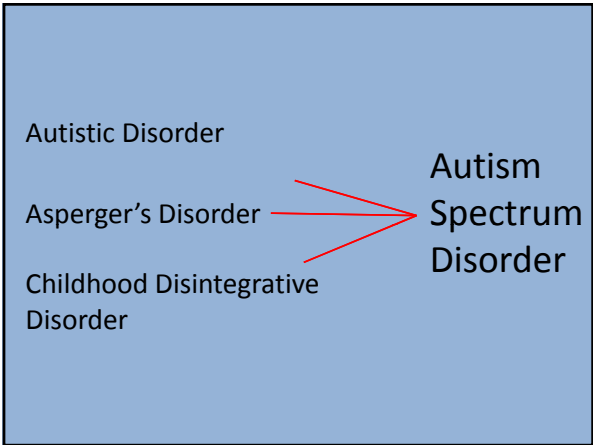
NEW

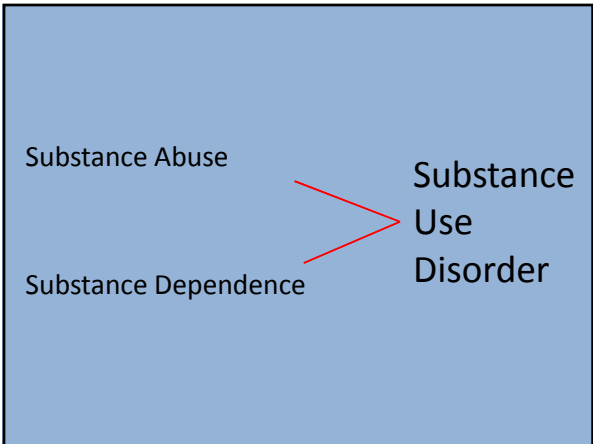
Social
Communication Disorder

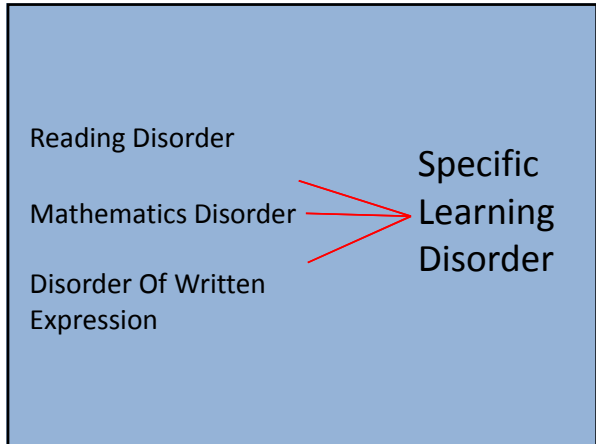
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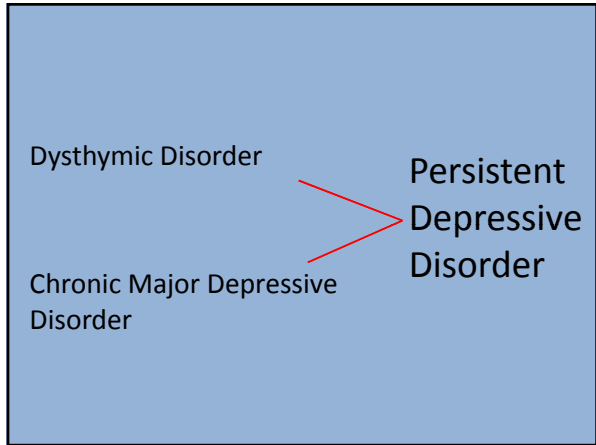
Somatic
Symptom Disorder

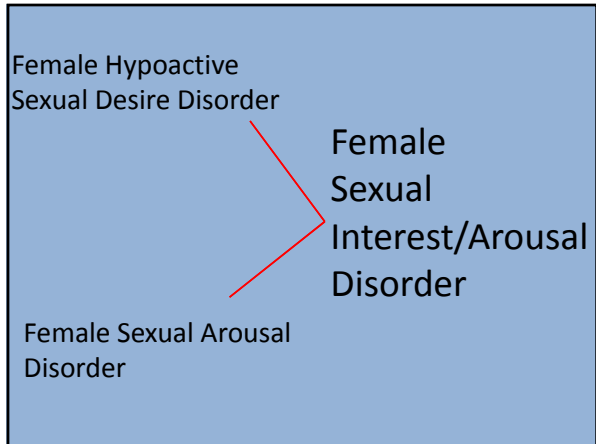


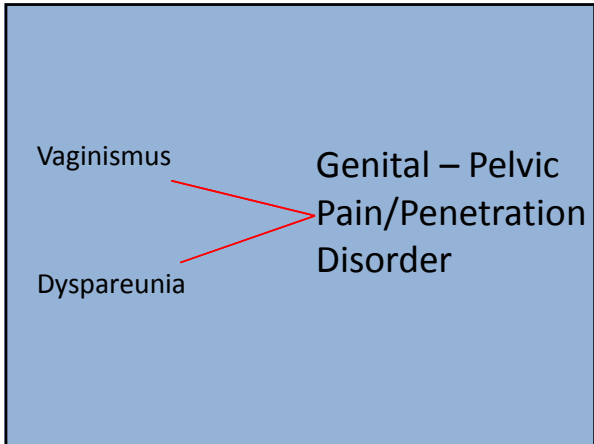


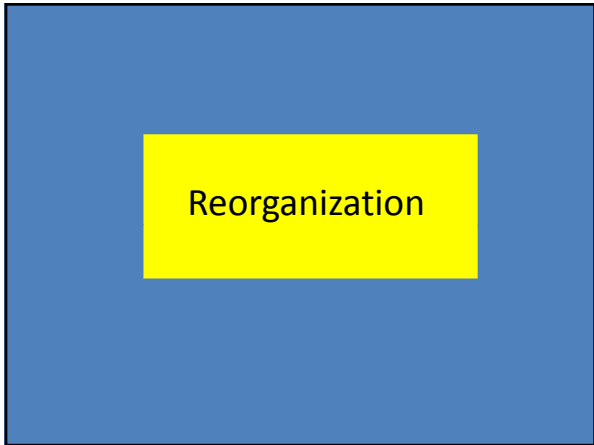










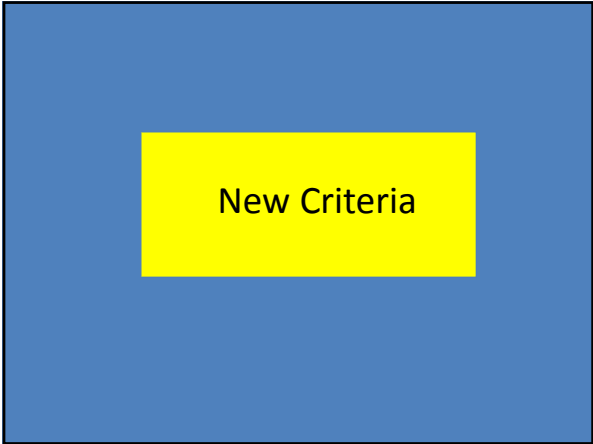


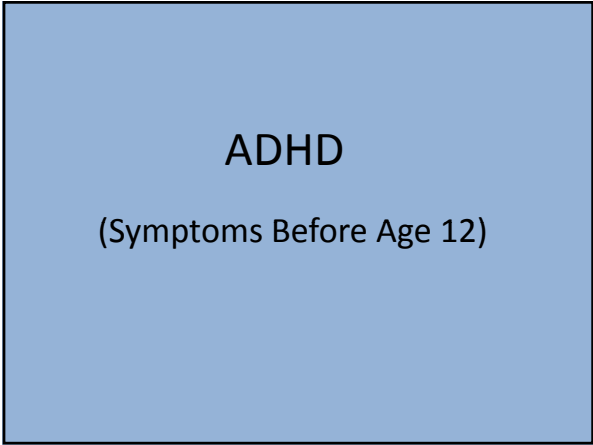
- SOMATIC SYMPTOM & RELATED DISORDERS**
- SOMATIC SYMPTOM DISORDER
 - ILLNESS ANXIETY DISORDER
 - CONVERSION DISORDER
 - FACTITIOUS DISORDER
 - PSYCHOLOGICAL FACTORS AFFECTING OTHER MEDICAL CONDITIONS

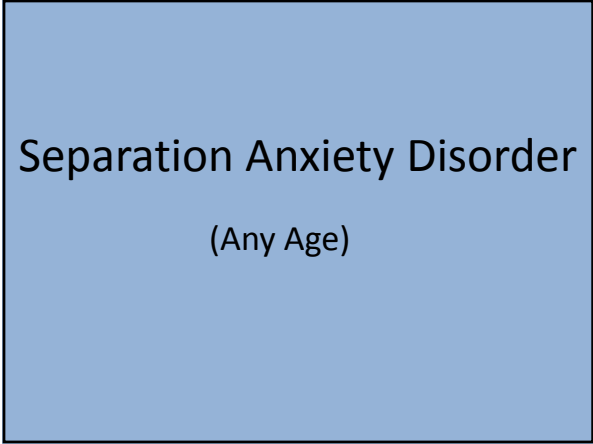
Expansion
of Boundaries

Addiction =
"Substance" and "Behavioral" Addiction

Somatic Symptom Disorder =
Overreactions To "Imagined" and "Real"
Medical Ailments







Bulimia Nervosa
(One Binge/Purge Per Week)

Future?

**Dimensional Model
for Personality Disorders**

Possible Additions

- Suicidal Behavior Disorder
- Non-suicidal Self-Injury
- Internet Use Gaming Disorder
- Caffeine Disorder



**Remember... when all's said
and done, it's just a book.**
