Presentation on the Council on Criminal Justice and Behavioral Health's Medi-Cal Utilization Project *and the* California Department of Corrections and Rehabilitation's / California Correctional Health Care Services CalAIM Implementation Efforts

Presented to the Collaborative Justice Courts Advisory Committee / Mental Health Subcommittee September 13, 2023

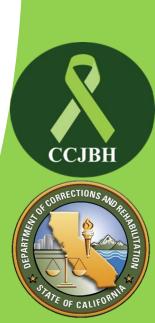
> Janene DelMundo, Deputy Director Integrated Substance Use Disorder Treatment / Special Projects

> > Brenda Grealish, Executive Officer Council on Criminal Justice and Behavioral Health

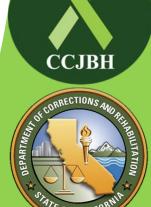


California Department of Corrections and Rehabilitation / Department of Health Care Services Medi-Cal Utilization Project

Brenda Grealish, Executive Officer Council on Criminal Justice and Behavioral Health



- The CCJBH Medi-Cal Utilization Project (MCUP) monitors enrollment into Medi-Cal, including selection of Medi-Cal Managed Care Plans (MCP), as well as access to and utilization of Medi-Cal behavioral health services for people releasing from CDCR who suffer from mental illness(es) and/or substance use disorders (SUDs).
- To date, using these matched data, CCJBH has produced the following reports/documents:
 - Medi-Cal Utilization Report (Medi-Cal Utilization Report Executive Summary)
 - Informational Brief: <u>Reducing Preventable Emergency and Inpatient Utilization</u>
 - <u>20th Annual Legislative Report</u> (includes updated MCUP data)

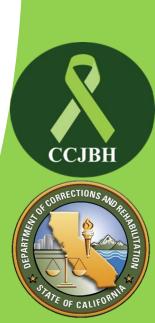


Data Match Methodology

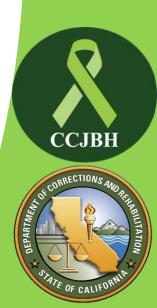
 DHCS shares information for Medi-Cal eligibles information (e.g., First/Last Name, Middle Initial, Social Security Number, and Birth Date) with CDCR. CDCR uses these data to identify Medi-Cal beneficiaries transitioning from incarceration and returns "matches" to DHCS for further analyses of enrollment and service utilization.

Penetration and Engagement Rates

 In line with DHCS's Behavioral Health Services reporting, service utilization is measured in terms of penetration rates, indicating utilization of one or more (1+) services, and engagement rates as a subset of penetrations rates, indicating utilization of five or more (5+) services

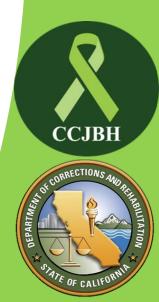


- Most individuals released from CDCR are enrolled into Medi-Cal within one year (85 percent for those released in FY 2018-19).
- Of the individuals enrolled into Medi-Cal, the time to select a Managed Care Plan was as follows:
 - 32% selected a plan within one month
 - 70% within three months
 - 79% within six months
 - 83% within one year



For individuals released from CDCR in FY 2018-19 who were enrolled into Medi-Cal, the demographic characteristics and behavioral health services utilization rates (within two years of release) are as follows:

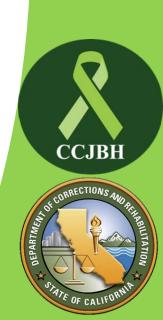
- 52 percent had an identified SUD designation at release
 - 23 percent SUD service penetration
 - 12 percent SUD service engagement
 - 8 percent SMHS penetration
 - 4 percent SMHS engagement
- 19 percent had a co-occurring SUD and mental health designation at release
 - 35 percent SUD service penetration
 - 17 percent SUD service engagement
 - 33 percent SMHS penetration
 - 20 percent SMHS engagement



Demographic characteristics and behavioral health services utilization (cont'd):

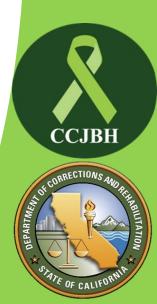
- 7 percent had a mental health disorder designation at release
 - 39 percent SMHS penetration
 - 27 percent SMHS engagement
 - 28 percent SUD service penetration rate*
 - 12 percent SUD service engagement rate

*SUD service penetration rates were higher (by 5 percent) for individuals designated as having a mental health disorder only than for those with a SUD designation only, which may indicate that the SUD service needs of these individuals was underestimated or unidentified.



In Summary:

- CCJBH remains concerned with the low utilization rates of Medi-Cal behavioral health services for individuals released from prison with identified behavioral health needs who are enrolled into Medi-Cal.
- To better understand low utilization of services, CCJBH partnered with the California State University, Sacramento, to conduct listening sessions for individuals with lived experience in the justice system and having a behavioral health condition (the results of these sessions will soon be published to the CCJBH website).
- It is anticipated that implementation of CaIAIM, as well as recent housing investments, will improve these rates.



Upcoming Events

Juvenile Justice Workgroup Friday, September 15, 2023, from 12:45-2:45 PM

Diversion/Reentry Workgroup Friday, September 15, 2023, from 3:00-5:00 PM

Full Council Meeting Friday, October 27, 2023, from 2:00-4:30PM

View CCJBH's Project Portfolio

View CCJBH's 2023 Framework

If you would like to be added to CCJBH's listserv, click <u>HERE</u>. *Thank you for your participation!*



California Department of Corrections and Rehabilitation / California Correctional Health Care Services

CalAIM Implementation Efforts

Janene DelMundo, Deputy Director Integrated Substance Use Disorder Treatment / Special Projects

Justice-Involved Initiative

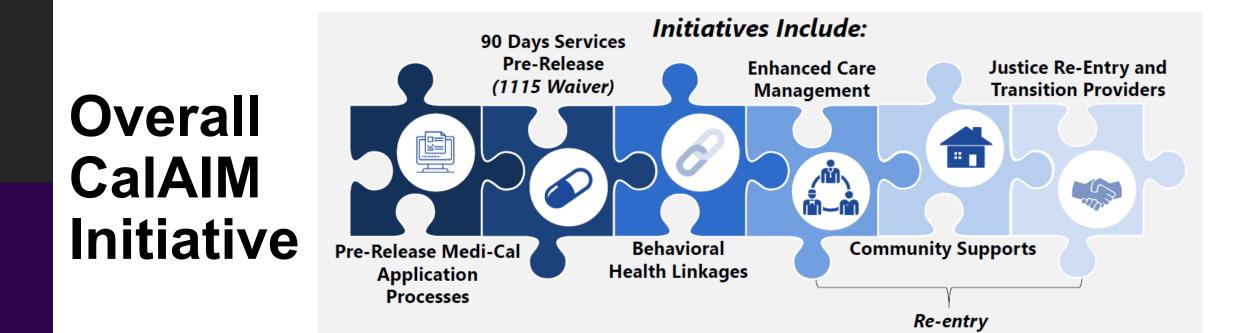


UR JOURNEY TO A HEALTHIER CALIFORNIA FOR ALL

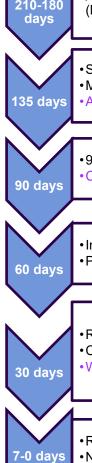


CALIFORNIA SET TO BECOME FIRST STATE IN NATION TO EXPAND MEDICAID SERVICES FOR JUSTICE-INVOLVED INDIVIDUALS

THE CENTERS FOR MEDI-CARE & MEDICAID SERVICES (CMS) WAIVER WAS APPROVED JANUARY 26, 2023 THROUGH TARGETED CALAIM MEDI-CAL SERVICES AND SUPPORTIVE COMMUNITY REENTRY, CALIFORNIA IS SETTING A NEW STANDARD FOR EQUITABLE, PERSON-CENTERED CARE • • • • • • • • • • • •



Enhanced Pre-Release Planning



 Transitional Case Management Program (TCMP) (UC San Diego Benefit Workers) at each institution offer application services to all incarcerated persons
 American Society of Addiction Medicine (ASAM) Reentry Interview Script Enhancement (RISE) assessment to determine level of care (Medical LCSWs)

Submit Medi-Cal Application (Benefit Workers submit to County)
Medi-Cal Approval Received (no later than 91 days) (County notifies Benefit Workers, to be automated)
Access Eligibility Determined (IT System)

90 Day Pre-Release Services (Nursing, Mental Health, Dental, Medical)
Care Coordination with External Enhanced Care Manager/Managed Care Plan/Behavioral Health (Mental Health, Nursing, UM)

Integrated weekly pre-release meetings (DAPO CTP, Nursing, Mental Health, Medical)
Patient Interview

Release plan generated to meet medical and SUD transitional needs, including MAT, cognitive behavioral interventions, medical, transportation, and housing
 Coordinates and partners with County Transition and DAPO services (Mental Health, Nursing, Medical, DAPO)
 Warm Hand-off with Participant to External Enhanced Care Manager/Managed Care Plan/Behavioral Health. Release plan shared.

Release plan and list of appointments (Discharge Nurse)
Naloxone education (Discharge Nurse)

What we currently do for Enhanced Pre-Release and Transition Services does not include the New CalAIM tasks (new tasks listed in purple).

CalAIM Justice-Involved Initiative

90-day pre-release/ in-reach services to start no sooner than April 1, 2024, and no later than March 31, 2026

CDCR/CCHCS to become a Medi-Cal billing entity.

| 1) Medi-Cal Application Processes | 2) 90-Day Pre-Release Access Screening | 4) Re-Entry Planning and Coordination |
|--|--|---|
| 5) Oversight and Project Management | | |
| 1: Medi-Cal Application Processes | 1a: Screening | Minimum Requirement |
| | 1b: Application Support | Minimum Requirement |
| | 1c: Unsuspension | Minimum Requirement |
| 2: 90 Day Pre- Release Eligibility Screening | 2a: Screening | Minimum Requirement |
| | 2b: Eligibility Notification to State Eligibility System | Minimum Requirement |
| | 2c: Release Notification to State Eligibility System | Minimum Requirement |
| 3: 90 Day Pre- Release Service Delivery | 3a: Pre-release Care Manager Assignment | Minimum Requirement |
| | 3b: Consultation Scheduling | |
| | 3c: Virtual/In-Person Consultation Support | |
| | 3d: Support for Medications | Minimum Requirement |
| | 3e: Support for Medication Assisted Treatment | Minimum Requirement |
| | 3f: Support for Prescriptions Upon Release | Minimum Requirement |
| | 3g: Support for Durable Medical Equipment Upon Release | |
| | 3h: Medi-Cal Billing and Provider/Pharmacy Enrollment | Minimum Requirement |
| 4: Re-Entry Planning and Coordination | 4a: Release Date Notification | Minimum Requirement |
| | 4b: Re-Entry Care Management Warm Handoff | Minimum Requirement |
| | 4c: Re-Entry Behavioral Health Warm Handoff | Minimum Requirement |
| 5: Oversight and Project Management | 5a: Staffing Structure and Plan | Minimum Requirement |
| | 5b: Governance Structure for Partnerships | |
| | 5c: Reporting and Oversight Processes | Minimum Requirement |
| | | |

Milestones

DHCS finalize policy guidelines September 2023

CDCR/CCHCS review finalized requirements

IT build Medi-Cal Reimbursement System

CDCR/CCHCS to enroll as Medi-Cal Provider

Readiness Assessment Review by DHCS

Go-Live no later than March 31, 2026

CalAIM Justice-Involved Initiative

Most importantly, Californians involved in the justice system will now have the support and care they need even before they leave prison offering a better, healthier transition

