

Beyond the Bench 21 Conference, San Francisco, California, Dec. 15, 2011

Workshop—Parallel Parenting: When Co-Parenting May Be Too Much to Expect

Is parallel parenting a better approach than co-parenting for some parents and circumstances? During a mediation session, it may become clear that co-parenting may be out of reach for some couples, at least at the present time. Is parallel parenting a better-suited approach to their parenting plan and expectations? Key elements of parallel parenting will be discussed. Insights from the research of John Gottman and from Connie Ahrons' spectrum of separating couples will also be included.

Ms. Nadine Blaschak-Brown, *Senior Court Services Analyst, AOC Center for Families, Children & the Courts*

Mr. George Ferrick, *Supervising Court Services Analyst, AOC Center for Families, Children & the Courts*

Ms. Amy Rudd, *Director, Family Court Services, Superior Court of Placer County*

Presenter information:

- George Ferrick
george.ferrick@jud.ca.gov
- Amy Rudd
arudd@placer.courts.ca.gov
- Nadine Blaschak-Brown
nadine.blaschak-brown@jud.ca.gov

Some Resources / links:

- <http://www.userniche.com/LoveAndDivorce/ASP/UserNicheMainPage.asp?ID=60#segregated>
- http://bpdfamily.com/message_board/index.php?topic=144743.msg1409090;topicseen
- <http://www.outofthefog.net/SeparatingAndDivorcing/ParallelParenting.html>
- http://coloradocoparenting.com/Articles/PDF/POINTERS_FOR_PARALLEL_PARENTING.pdf
- <http://www.theartofloveandintimacy.com/2007/03/four-horseman-of-apocalypse-john.html>